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# Confessions Of A Neighbor: A Ballet Thriller-Novel



## Synopsis

A Ballet Thriller-Novel About Heartbreak, Fighting for your Dreams and Love. What if you lost everyone in your family? Ella's dream of becoming a ballerina are fractured with the death of her grandmother, the last in her family. At only 16 years old she is alone, trying to forge her way as a ballet dancer, studying and training hard while working in a restaurant to make ends meet. Dejected and alienated, she fails one ballet audition after another. It is then that she meets the handsome neighbor she has been watching from across the street. Be prepared for not-quite-what-they-seem lives, betrayals, and manipulation. This inspirational thriller ballet book is full of twists and turns and gripping to the last page. This novel is full of twists and turns, and the feeling of menace steadily grows. Ella has no idea that the seemingly innocent practice of spying on her neighbor will put her in grave danger. Confessions of a Neighbor, is a wonderful suspense story that takes you for a ride on the roller coaster of unexpected events one after the other, so beautifully that it's hard to put down. The story is about a young 16-year-old girl Ella, who has a dream to be a ballerina, but losing her close ones breaks her heart and leaves her lonely and sad. Then she became a victim of being stalked, and she is worried and scared. The book is her inspiring journey of fears, insecurities, her loss and determination and love to pursue her dreams. The author has done a beautiful job in creating a sense that makes you feel the emotional ride of Ella as you read the book. The detailed description of beautiful scenes of Switzerland is a bonus. All in all an intense, psychological mystery.

• - Archie This is a disturbing and entrancing book at the same time, perhaps because it reveals the vulnerability that anyone can have in their lives. The modern age is a frightening place where information is impossible to bury, and leaving your past behind is harder than you think. Ella is a talented and passionate ballerina that has been dealt an unfair hand in life, and we see her very real struggles on the pages of this novel. Not only does she have personal demons and professional fears to juggle, but the unwanted attention of a neighbor and the rising sense of fear in her days adds an extra dash of suspense and tension to this taut thriller. The pace is slow and methodical, like a slowly building threat, and just when readers are beginning to plateau, a new depth to this mystery is revealed. Lenz writes with a real sense of human nature, and has the ability to capture emotions in a compelling way – a skill she puts on full display with the gamut of Ella's feelings in this memorable read.

• Veritas Vincit for Reader's Favorite

## Book Information

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## Customer Reviews

Wow, what an incredibly gripping story! A young ballerina Ella spirals into depression after losing her mother and grandmother, and slowly starts rebuilding her life when strange things start happening. Ella accidentally stumbles across her neighbor, Owen, who she witnessed being abused multiple times by his wife; however, soon Ella starts suspecting that the man who she was trying to help is not who she thought he was.Â Confessions of a NeighborÂ has all the perfect ingredients for an enthralling mystery/thriller: Ella's inability to separate reality and her memories in some cases, thinking that she might have inherited her mother's paranoia; a twisted plot that she never thought she was a part of; and last but not least the whole atmosphere of deception and fear which prevails in the story, making the hairs on your neck stand up while reading certain parts. Ella was indeed a real, multi-dimensional protagonist who I couldn't help but relate to and admire her will-power in the end of the novel. Also, I very much appreciated quite a different setting: the novel takes place in Switzerland, and an insider's look into a different lifestyle made this an even more pleasurable read. Highly recommended.

Lenz as a child , grew up in Boise , Idaho, U S A. She loved the beautiful landscape and friendly

people. and adores her family. She never planned on leaving. But sometimes life takes us where it wants to, especially if we follow our hearts. Her's took her all the way to Switzerland, where she has lived for over twelve years now with her Swiss husband. She fills her spare time writing, reading, or doing yoga. Her first book, *Beneath the Surface* was published in 2015. *Confessions of a Neighbor* is her second novel was published in 2016. This author has the ability to personify nature as if it acts with soul in a human body. Very creative with similes and comparisons. The author takes you on the journey of a woman in extreme mental and emotional torment, who must function in a world that is totally foreign to her perceived reality. The writing is exquisite. The author creates this realistic world with mere words! This book has depth.

Ella: Sinking down on a bench on the water edge, she watched a sailboat traversing the pink-hued lake. Ella looked at the dark silhouette of the Alps in the gathering twilight, lost in thought. She knew pain, rejection and disappointment to be part of the package of training to be a professional dancer. Now that her mother and grandmother were gone, she needed to be her own support to move forward in the pursuit of perfection. Set in Switzerland where the author lives, she builds a suspense thriller. She has a wonderful way of developing scenes that captivate the senses of sight, sound, and smell. Her plot development builds a close-knit family of supporting characters for an orphan chasing a dream while overcoming adversity. Truly a story filled with surprises and satisfaction for the reader. Wonderful descriptions of setting and ballet add a lot to the realism of the story. Psychological manipulation plays a large part and Lenz sets the scene slowly and deliberately, then shocks. Amazing scenery, vivid descriptions, and intense emotions are just part of the appeal of *Confessions of a Neighbor*. You follow a mystery in Switzerland : you develop a real attachment to Ella and suffer along with her as she deals with issues from her past, her insecurities about the future, and the everyday struggles of trying to live while following her dreams. *Confessions of a Neighbor* tells the story of Ella, a hopeful 16-year-old ballet dancer whose dream is to one day be able to make a living as a ballerina. Fate, however, has other plans for the young woman who lost her mother as well as her grandmother far too early. She is lonely and ends up falling victim to an evil scheme. Fortunately, she also has someone who is secretly looking out for her well-being. But the eyes of that secret helper cannot be everywhere.

Joshua: He had never had the urge to hurt anyone or anything in his life. That was before he found out how Owen and Irma had stolen Anneli and tried to kill Ella. He didn't care if it cost him his freedom, or his life, but he had to bring Anneli home again. This is a book at the same time, perhaps because it reveals the vulnerability that anyone can have in their lives. The modern age is a frightening place where information is impossible to bury, and leaving your past behind is harder than you think. Ella is a talented and passionate ballerina that has been dealt an

unfair hand in life, and we see her very real. Not only does she have personal demons and professional fears to juggle, but the unwanted attention of a neighbor and the rising sense of fear in her days adds an extra dash of suspense and tension to this taut thriller. The pace is methodical, like a slowly building threat, and just when readers a new depth to this mystery is revealed. Excerpt: Mr. V collapsed to the floor, seeing stars. Utterly exhausted, he couldn't find the strength to stand. Instead he crawled to the steering wheel. There was no time to lose. He had to get away from this nightmarish scene, the two white bodies floating in the dark water. Any moment another yacht could drive by and see the bodies. Mr. V looked around in panic. Was anyone watching? Had anyone seen him throw the bodies overboard? No, his yacht was alone. I found the story delivered in a good and seamless narrative style with a plot alongside the promise of mystery that grabbed attention with intensity. "Damn it, Irma, she is freezing. What the hell are you doing, carrying her around in the night air like that? She'll get sick." Irma's evil intentions: "You selfish, egoistical ....." said Irma, pushing Owen hard with both hands. "Don't you start with me. I had to take her out of the stroller before pushing it into the lake. I'm the intelligent one in this relationship, and don't you forget it. Now everyone will think the baby drowned. It will buy us time to get away undetected. We wouldn't even be in any of this mess if you hadn't insisted on your own biological baby. We could adopt instead." The author has such a way with words flowing and captivating style. The story flows with tension and intention. There are up and downs, twists and turns and ultimately one cannot help but to take this sensitive journey. Scarlett Jensen 14 August 2017

Ella is a 16 year old in pursuit of perfection as a ballet dancer. She has suffered four rejections in as many auditions. She pursues the next audition while she works as a waitress at a restaurant. A combination of audition rejections and close family losses weighs heavily on Ella. She is alone, but feels comfortable in her isolation, in truth an escape from the fact that she needs some type of connection. She addictively spies on her neighbors through her window. The need for a connection drives her into the seductive clutches of the male neighbor, Owen, who knows her movements and stalks her. But she has some friends, older people who seem to be watching out for her, especially one, Mr. V. She becomes a member of Zurich Junior Ballet. She accepts an invitation from Owen to dinner at his home. She drinks two glasses of champagne, and awakes next morning naked in Owen's bedroom feeling hungover and fearing the worst. Five months later she finds herself pregnant; with Owen claiming the child is his. She purely hates the idea of having the child. Ella does not hold the child when born, and the baby is kept by an older friend. Circumstances force her to

hold the baby, and immediately Love overwhelms her. Owen and Irma steal the baby, but through her own efforts, Ella retrieves the child. Owen and his wife are finally disposed of. It is then that she grows up and finds her true self, the self that in the past only appeared in her dancing. Consistent with her drive for dancing, Ella finds herself. She acknowledges to her that she has had a "victim mentality," believing that "others were responsible for her circumstances." She admits her own complicity in all this. Now she had to forgive herself and find the ability to change her circumstances. This resolve she attributes to the love for her daughter. She went after the man she really loved; and she reveled in the fact that she now had a family of friends, and at least one relative. The story contrasts well against the smooth and flowing platform and images of ballet dancing: It is a suspenseful thriller with twists at every turn "well written and well crafted. The take on "genius" is inspiring: "genius took (takes) spark within those that offered up everything as kindling until there was nothing left but pain and the tedium of continually throwing all one's energy at striking rock to rock in the hope of that flash of light." Nice! The story is generally dark but ends up with a lot of light. It shows subjugation of a young and vulnerable mind to others in Owen's "squeezing and easing" behavior "he was always ominous; while his wife was grossly domineering. It is also a heads up on the current social conditions regarding predator and prey. I hurt at Ella's seemingly not understanding all this, and until the end I feared for her general safety and mental condition. I hurt in the circumstances of her becoming pregnant. I was glad at the retrieval of the baby, and especially for the disappearance of Owen and Irma; but saddened at the treatment of immigrants. And I cheered at the growth and awakening of Ella. It pays to have some caring friends in the right places. Recommended.

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